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**A community event to
promote lifelong health and
wellness through the sport
of cycling.**

www.hdwfcrit.com

Annual
Historic Downtown
Wake Forest Criterium

May 17, 2009

\$4,500 cash & prizes



Photos: Tina Wrona Photography

*Presented By:
The Raleigh All-Stars
Cycling Team*



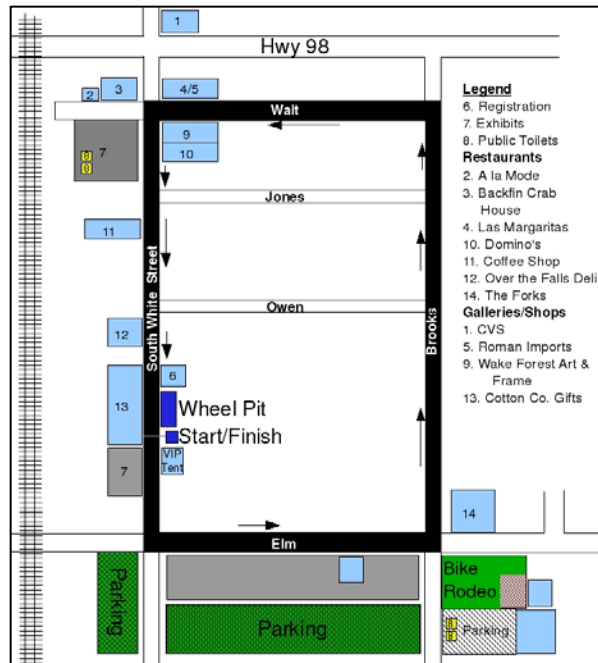
Race Location:

306 S. White Street in Historic Downtown
Wake Forest, North Carolina

Directions: Take US 1 North or South to Wake Forest, NC. Take NC-98 East towards Wake Forest. Drive 1.8 miles and make Left onto S Franklin St. Drive about 1 mile and make left onto Wait Ave.

Parking: Parking is at the corner of S. White St. and E. Elm Ave. in downtown Wake Forest, NC.

Course Description: The course is an exciting 0.6 mile course with a hill starting at the 3rd corner and continuing just past the 4th corner topping out 100 meters from a wide fast paced finish.



Registration: \$30 Juniors \$15

Online: www.pre-reg.com Closes Friday 5/15/09

Onsite: \$5 late fee for day of registration. One day USAC license sold on site. Additional races are \$15. Registration is near the start/finish line.

Area Hotel:

Hampton Inn: 12318 Wake Union Church Rd. Wake Forest, NC 27587. (919) 554-0222.

Holiday Inn Express: 11400 Common Oaks Dr. Wake Forest, NC 27614. (919) 570-5550.

**Race Schedule
For Sunday, May 17, 2009**

Category	Start Time	Length (min)	Purse	Places
Cat 5/ Citizens	8:00 am	20	Medals	3
Masters 55+	8:30 am	30	\$200	5
Jr 10-12 & 13-14	9:10 am	15	\$50 & \$75	3 & 3
Jr 15-16 &17-18	9:35 am	25	\$100 & \$150	3 & 3
Master 45+	10:10 am	40	\$450	7
Women Cat 3 & 4	11:00 am	25	\$200	5
Men Cat 4	11:35 am	30	\$450	7
Kids Races	12:15 pm	20	Medals	All
Masters 35+	1:35 pm	45	\$450	7
Women Pro 1, 2, 3	2:35 pm	45	\$450/	7
Men Pro 1 & 2	3:35 pm	60	\$1210	12
Men Cat 3	4:50 pm	45	\$450	7

FEATURING:

- Podium presentation with podium girls
- Live disc jockey
- An antique car show
- Street vendors and expos
- Ice cream primes!
- A kids race and safety rodeo

Contact:

For information, questions or requests, contact Andy Hart at (919) 264-8699 or email wahart27613@gmail.com.

www.hdwfcrit.com

Note: All USA Cycling rules apply. USAC Permit pending. All racers must complete and turn in a USCF waiver and valid license (one-day license for citizens' race) in order to race. Registration ends 30 minutes prior to start of your race. Races held rain or shine. No refunds. Promoter reserves right to combine fields or cancel race due to inclement weather.

Brochure Rev Date. 02032009